

DR. TRICIA CROSBY AND  
DR. WILLIAM TRAHAN PRESENT

## The Dark Side of Dentistry: Mental Wellness and Personal Growth for the Dental Team

Dentistry is ranked internationally as one of the best jobs in the world but also comes with one of the top suicide rates of any profession! Dr. Stanley will discuss this taboo topic concerning stress from highly demanding patients, clinical revisions, and many other factors making for a stressful life for dental professionals. We will examine aspects of predictable clinical dentistry, practice management, and research-proven stress reduction techniques that allow dentists to be more successful in their clinical practices and live a more balanced life. By examining this topic, we can help many of our colleagues struggling with mental health issues related to this profession that we love.



Dr. Kyle Stanley

### Learning Objective

- Introduce this taboo topic and how it relates to dentistry
- Identify stress topics in most dentists' lives
- Give research-proven ways to reduce stress both clinically and in your personal life

### SEMINAR DATE

Friday

April 26, 2024

### TIME

**Registration:** 8am - 9am

**Lecture:** 9am - 12pm

**Lunch:** 12pm - 1pm

**Lecture:** 1pm - 3pm

### LOCATION

**Chicago Marriott Naperville**

1801 N. Naper Blvd,

Naperville IL 60563

### Register Here

[midwestdentalimplantology.com/register](https://midwestdentalimplantology.com/register)

Registration Fee: \$40

*This course provides*

5 CE Credits



Dr. Tricia Crosby, Dr. William Trahan & Dr. Martin Kolinski. Locally Approved PACE Program Provider for FAGD/MAGD credit. Approval does not imply acceptance by any regulatory authority, or AGD endorsement. June 1, 2022 to May 31, 2025. Provider ID 217633



## Speaker: Dr. Kyle Stanley

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Dr. Kyle Stanley, named "The Next Generation of Cosmetic Dentistry" by the American Academy of Cosmetic Dentistry, "The Top 10 Young Educators in Dentistry" by the Seattle Study Club, and "World's Top 100 Doctors in Dentistry" graduated from USC and then went on to complete a dental implant residency and dental implant specialty in Brazil. He is a researcher who has published in some top dental journals about esthetics, implants, and plastic surgery topics. One of the few dental AI experts in the world, he co-founded Pearl, a company that

is changing how patients are treated through artificial intelligence. He is an advisor for some of the most forward-thinking dental tech companies. Dr. Stanley is the most prominent advocate of mental health in dentistry and through his Light Side Academy has helped countless dentists reduce burnout for a sustainable career in dentistry. He maintains a private practice in Beverly Hills, focusing on implant surgery and prosthetics.

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